

- 9) Yadava, A., & Sharma, N.R. (2006). Positive Health Psychology. New Delhi: Global Vision Publication House.
- 10) Nelson, D., & Cooper, C. L. (2007). Positive Organizational Behavior. Thousand Oaks, California: Pine Forge Press.
- 11) Luthans, F., & Avolio, B. J. (2009). The “Point” of Positive Organizational Behavior. *Journal of Organizational Behavior*, 30, 291–307.
- 12) Seligman, M. E. P. (2000). Positive psychology: An introduction. *American Psychologist*, 55, 5-14.

PSCY 805E : Environmental Psychology

Unit I: Introduction, Environment and behaviour relationship theories

Nature, characteristics, research methods, cognitive perception and cognitive map, Arousal, Environmental load, Under-stimulation, Adaptation Level, Behavioural Constraint, Stress, and Banker’s Ecological Psychology.

Unit II: Natural and Man-made Environment: Pollution (Noise, air, water, toxic), temperature (heat and cold), wind, barometric, Natural disaster and technological catastrophic effects.

Unit III: Social Environmental: Personal space, territoriality, density and crowding, conservative behaviour (environmental education, prompts, reinforcement, eliminating destructive behaviour, implementing environmental protection behaviour- Reduce, Reused, Recycle, Rebuy).

Unit IV: Assignment

Any activity on any areas given above and prepare a report.

References:

- 1) Bell, P. A., Fisher, J. D., & Laomis, R. J. (2002 ed.), *Environmental Psychology*. Philadelphia: W.B. Sannders.
- 2) Bell, P., Greene, T., Fisher, J., & Baum, A. (2001). *Environmental Psychology*. 5th Ed. NY: Harcourt Brace, Inc.
- 3) Mishra, R. C., Sinha, D., & Berry, J. W. (1996). *Ecology, Community and Life Style*. New Delhi.
- 4) Stokols, D., & Altmann, I. (1987). *Handbook of Environmental Psychology*. Willey, New York.